

# Prämienzeiten ab 2023 - Jugend

weiblich	Jugend E		Jugend D		Jugend C		Jugend B		Jugend A		Junioren	
AK	AK 8	AK 9	AK 10	AK 11	AK 12	AK 13	AK 14	AK 15	AK 16	AK 17	AK 18	AK 19
50m Freistil	00:47,71	00:42,85	00:38,55	00:36,49	00:35,03	00:33,80	00:33,19	00:32,60	00:32,55	00:32,27	00:32,02	00:31,50
100m Freistil	01:46,93	01:35,98	01:25,84	01:20,03	01:16,37	01:13,65	01:11,75	01:10,65	01:10,39	01:10,14	01:10,02	01:08,52
200m Freistil	04:00,40	03:30,86	03:06,90	02:53,40	02:46,70	02:39,49	02:35,33	02:33,11	02:31,64	02:30,64	02:30,00	02:28,52
400m Freistil	08:35,59	07:31,03	06:40,11	06:15,59	05:56,33	05:42,42	05:34,25	05:28,56	05:25,44	05:24,40	05:22,55	05:17,63
800m Freistil	18:19,31	16:05,90	14:23,45	13:23,79	12:49,24	12:13,54	11:52,15	11:42,29	11:35,34	11:33,63	11:27,61	11:16,39
1500m Freistil	35:05,51	31:16,20	27:36,98	26:15,93	24:44,53	23:41,99	23:06,24	22:25,60	22:14,26	22:20,32	22:11,15	21:36,67
50m Brust	01:00,40	00:56,08	00:48,86	00:46,27	00:43,78	00:42,63	00:41,59	00:40,88	00:40,53	00:40,41	00:40,27	00:39,24
100m Brust	02:15,44	02:03,45	01:47,28	01:40,51	01:36,54	01:32,63	01:30,75	01:28,78	01:28,23	01:27,85	01:27,21	01:25,62
200m Brust	05:08,72	04:29,94	03:54,96	03:41,75	03:30,63	03:22,97	03:19,25	03:15,24	03:13,16	03:13,09	03:12,00	03:07,34
50m Rücken	00:54,97	00:49,89	00:44,67	00:41,58	00:39,58	00:38,27	00:37,57	00:37,02	00:36,79	00:36,40	00:36,26	00:35,65
100m Rücken	02:06,70	01:53,67	01:40,84	01:33,34	01:28,03	01:25,18	01:23,35	01:22,37	01:21,83	01:20,95	01:20,62	01:19,20
200m Rücken	04:30,56	04:03,29	03:39,36	03:21,17	03:10,83	03:04,14	02:59,84	02:56,51	02:55,25	02:54,36	02:52,92	02:50,44
50m Schmetterling	01:03,31	00:56,32	00:45,38	00:42,27	00:37,27	00:35,95	00:35,43	00:34,54	00:34,18	00:33,98	00:33,93	00:33,24
100m Schmetterling	02:48,76	02:15,68	01:43,77	01:36,43	01:23,99	01:19,82	01:17,91	01:16,77	01:15,95	01:15,57	01:14,88	01:13,78
200m Schmetterling	06:09,55	05:12,89	04:02,04	03:36,57	03:16,71	03:07,60	03:03,30	02:59,43	02:57,57	02:56,39	02:54,38	02:52,59
100m Lagen	02:04,35	01:48,77	01:35,74	01:29,86	01:25,51	01:22,78	01:20,83	01:19,68	01:19,20	01:18,50	01:18,43	01:17,52
200m Lagen	04:33,90	03:59,11	03:31,43	03:16,24	03:06,17	03:00,15	02:55,96	02:52,98	02:51,48	02:50,21	02:49,76	02:48,26
400m Lagen	10:11,50	09:12,87	07:47,67	07:20,54	06:59,01	06:41,90	06:34,78	06:28,63	06:23,81	06:21,98	06:20,62	06:16,43

So berechnest Du Deine Altersklasse: "Aktuelles Jahr" - "Geburtsjahr"; z.B. für 2024 und Jahrgang 2011: AK = 2024-2011 = AK 13

# Prämienzeiten ab 2023 - Jugend

männlich	Jugend E		Jugend D		Jugend C		Jugend B		Jugend A		Junioren	
AK	AK 8	AK 9	AK 10	AK 11	AK 12	AK 13	AK 14	AK 15	AK 16	AK 17	AK 18	AK 19
50m Freistil	00:45,75	00:42,74	00:38,20	00:36,00	00:33,71	00:31,80	00:30,74	00:29,94	00:29,47	00:29,13	00:28,67	00:28,03
100m Freistil	01:46,00	01:35,70	01:25,66	01:18,61	01:13,51	01:09,72	01:07,51	01:05,51	01:04,66	01:03,98	01:02,83	01:01,39
200m Freistil	03:52,86	03:30,30	03:04,57	02:53,83	02:42,65	02:33,03	02:27,79	02:23,05	02:21,20	02:19,89	02:18,14	02:14,38
400m Freistil	08:33,12	07:39,32	06:32,05	06:10,14	05:42,70	05:30,42	05:21,09	05:11,05	05:05,55	05:02,53	04:58,08	04:49,86
800m Freistil	18:45,72	16:40,64	14:24,48	13:22,53	12:41,99	12:01,23	11:32,96	11:21,14	11:03,96	10:50,57	10:43,60	10:28,78
1500m Freistil	36:08,05	31:57,89	27:13,80	25:20,68	24:02,39	22:43,18	21:58,79	21:27,49	20:58,68	20:42,06	20:30,53	19:53,77
50m Brust	01:01,48	00:55,89	00:49,20	00:45,54	00:42,25	00:39,87	00:38,31	00:37,62	00:37,15	00:36,45	00:35,76	00:34,58
100m Brust	02:17,74	02:04,63	01:48,38	01:40,56	01:32,63	01:27,07	01:24,00	01:22,55	01:21,08	01:19,98	01:18,32	01:15,84
200m Brust	05:08,01	04:36,01	03:56,62	03:40,29	03:23,96	03:13,09	03:06,04	03:03,60	02:58,78	02:55,49	02:52,86	02:48,45
50m Rücken	00:53,99	00:50,03	00:44,36	00:41,21	00:38,46	00:36,58	00:35,23	00:34,18	00:33,46	00:32,92	00:32,48	00:31,51
100m Rücken	02:03,61	01:54,20	01:40,13	01:33,33	01:26,66	01:21,43	01:18,39	01:16,30	01:14,54	01:13,41	01:12,72	01:10,55
200m Rücken	04:32,71	04:02,78	03:35,40	03:20,71	03:06,70	02:57,30	02:50,50	02:45,94	02:42,77	02:40,68	02:38,75	02:34,43
50m Schmetterling	01:02,94	00:56,45	00:45,54	00:42,13	00:35,78	00:33,93	00:32,81	00:32,01	00:31,36	00:30,95	00:30,58	00:29,11
100m Schmetterling	02:21,66	02:07,98	01:43,64	01:35,68	01:20,97	01:15,64	01:13,03	01:10,51	01:09,20	01:08,85	01:07,54	01:05,61
200m Schmetterling	05:38,75	04:55,64	04:05,00	03:35,22	03:12,37	02:59,09	02:52,67	02:47,25	02:44,20	02:41,52	02:40,08	02:36,10
100m Lagen	02:02,39	01:48,03	01:34,78	01:28,48	01:22,46	01:17,92	01:15,80	01:13,30	01:12,60	01:11,96	01:10,37	01:08,47
200m Lagen	04:35,15	03:57,86	03:28,81	03:13,69	03:00,89	02:51,26	02:46,34	02:41,07	02:39,34	02:37,40	02:34,65	02:30,84
400m Lagen	10:39,30	09:22,86	07:51,19	07:18,79	06:48,28	06:25,19	06:14,32	06:04,98	05:57,47	05:54,02	05:49,92	05:41,86

So berechnest Du Deine Altersklasse: "Aktuelles Jahr" - "Geburtsjahr"; z.B. für 2024 und Jahrgang 2011: AK = 2024-2011 = AK 13

